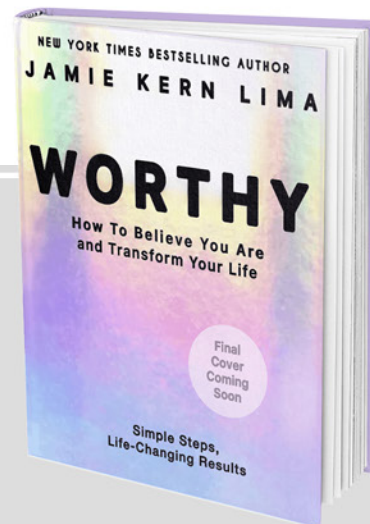




JAMIE KERN LIMA

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"In life, you don't soar to the level of your hopes and dreams, you stay stuck at the level of your self-worth. You don't rise to what you believe is possible, you fall to what you believe you're worthy of."

- Jamie Kern Lima,
WORTHY Book

"Self-doubt is actually trusting your own thoughts, and doubting God's word."

- Jamie Kern Lima,
WORTHY Book

"When you change your relationship with rejection, you change your life."

- Jamie Kern Lima,
WORTHY Book

"When I get rejected, I imagine God saying to me: You weren't rejected. I just hid your value from them, because they're not assigned to your destiny."

- Jamie Kern Lima,
WORTHY Book

"There is only one of you in the entire universe. You're not crazy, you're just first."

- Jamie Kern Lima,
WORTHY Book

"YOU are WORTHY!"

- Jamie Kern Lima,
WORTHY Book